Albany has just had a centennial celebration that has rightly been praised worldwide. It was a unique gathering that honoured the way people showed their character in the harshest situations imaginable. Over the last 10 years or so there has been a strong increase in attendance to such celebrations to the point that I believe we can now say ANZAC celebrations are a part of being Australian (or a New Zealander). I, personally, am very glad that I was not in the same position as my father with having to choose how to respond to the Nazi challenge. Mahatma Gandhi wrote to Adolf Hitler in 1939 and asked him to consider using methods of non-violent non-cooperation to reach his political ends instead. He was ignored. I believe it was with a genuinely heavy heart that the politicians of the time saw that their only choice at the time was to meet violence with violence. And hence during the two world wars alone at least 70 million people died. That is more than three times the current population of Australia.

There is a saying that, “those who do not know history are doomed to repeat it” and this, to me, is the real ANZAC challenge. This was the plea of the diggers who survived. The hell they endured is so unimaginable that they never wanted anyone to suffer the way they suffered. This is easy to say but making it actually happen has escaped humanity thus far. There are still Australians actively shooting other people for a job and the United Nations has yet to make any impression on lowering the Arab Israeli tension which has the potential to breed violence for centuries to come.

Rudolf Steiner did warn us during WW1 that without a radical rearranging of the ways that human beings related to each other on a day to day basis there would be no change. His challenge for us was to adopt the French revolution motto of “Liberty, Equality and Fraternity” but with understanding. Having complete liberty to do anything you want is clearly the realm of the mafia, but complete liberty to learn and think is the mark of a free society. Steiner insisted that equality before the law is a fundamental protection against the abuse of power and this is probably the least controversial part of his interpretation of the motto. It is the last keyword – fraternity or brotherhood that is possibly most foreign for Western society at least. Finding other ways of supplying labour so that it is not a commodity or a duty was seen as a crucial challenge and this concept is barely understood by most people in today’s society.
He also gave many clues for how to get from our current ways of living to something that is more sustainable both ecologically and in terms of societal processes. It is the direct intention and design of this form of education to open up the will to search for better solutions than currently found and to have the tools to see ways that would be practical. I believe Jens Stoltenberg, the Prime Minister of Norway during the Breivik massacre, gave an example of someone championing better solutions to tragedies than the standard approach. His approach is now seen as world’s best practise and yes he went to a Steiner (primary) school.

Steiner himself was most insistent that the help he offered was for yesterday’s problems and that people trying to solve tomorrow’s issues needed to find these solutions out of their own work. This is exactly what his conception of freedom was supposed to allow. Robert Gillman

**News from Karri Kindergarten**

Good morning dear earth  
Good morning dear sun  
Good morning dear stones  
And dear flowers, every one  
Good morning dear beasts  
And dear birds in the trees  
Good morning to you  
And good morning to me.

A huge thanks to Kylie who has sewn a new set of beanbags. Also to Lorelle for helping with the children’s handwork, and, along with Rosie, for working in our garden, and to Kimberly who’s been recording and covering new books for the parent library with help from Marnie. Look out for some new titles soon. Please return any books you may have had for a while so other parents can enjoy them. Thankyou. The children seem to be really enjoying spending more time outside, with our mornings until circle time spent playing and working in the garden, and lunches enjoyed picnic-style. Some of the six year olds have been asking about visiting friends in the big school, so they can choose to step through the gate after lunch very soon, once I’ve spoken to the teachers. This is part of their transition into the primary school. We have also planned two mornings when they will join Class One to give them a little taste of what to expect next year. These days will be Wednesday 19th November and Wednesday 3rd December and the children will need to bring a packed morning tea (separate to their lunch) on these days please. Reminders will be sent home closer to the time. Our graduation for the children leaving kindergarten (“Stepping Stones” Ceremony) will be held on Wednesday 17th December, so please keep this date free. All parents and children from Karri and Silver Birch Kindergartens are invited to join us for this very special occasion, which is also our break-up celebration.

Our parent/teacher meeting for this term will be held next Monday, 10th November at 3pm and the topic is “How to make Christmas meaningful”. Clare will be available for childcare, but please only kindergarten age children and younger, the older ones are understandably hard to contain. Perhaps a play at a friend’s house would be a possibility for them? Also please bring a snack for your child. Hope to see you there, warm wishes, Denise

Denise

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**Calendar of the Soul—Week 5**

*Let the certainty of cosmic thinking appear in the Light!*  
*that longs to flow forcefully into my soul:*  
*solving riddles of the soul,*  
*focusing the force of its rays, awakening love in human hearts.*
News from Class 1

Hello everyone,

We have nearly come to the end of our morning circle in the forest. It has been hugely successful with everyone enjoying the daily challenges. The children have carried, crawled, balanced and rolled their way through the forest. The school is very lucky to have such a beautiful resource nearby.

Swimming will be on next week so our normal routine will be disrupted. This might make some of the children unsettled, tired and hungry.

Our parent meeting will be held at 1:30 on Friday 28th November and the children are looking forward to reading their stories to you. I have a few other things planned too which I think you might enjoy. I look forward to seeing you there.

Cheers,
Karen

News from Class 2

Cl.2 is very enthused about our new craft activity! Katja (Jessie’s mother) is showing us how to felt! “It is more than exciting!” “It is so soft I want to sleep in it!” “It is a wool sandwich!”

Cl.2 enthusiastically beginning their felting.

Alyce and Elizabeth carefully arranging their wool.

Jessie, Shanti and Angelina softly creating their felt.

Asher, Abi and Xaxier gently patting their wool.
News from Class 2...

We have some new critters in our class at the moment. Our silkworms are “always eating”. If you are able to bring in some fresh mulberry leaves, please do! Thank you also to the families who are taking them home on the weekends!

One of our pet silkworms.
“All they do is EAT!”

Thank you for those who have returned their ‘paddling in the creek’ forms. Now we just need our spare clothes and a small hand towel to come to school please!

Warm regards,

Sonja

News from Class 3

Hello GHSS family and friends,

What a wonderful week Class Three had learning about Aboriginal shelters! We heard how they were made out of natural resources depending on what was available in each new location, and all the different building techniques used for different shelters. Next for the exciting part, on Friday the children were split into three groups to build their own shelters. The team leaders of each group Kiama, Lauren and Ava’s first task was to, with the other members, come to an agreement on a plan for their shelter. They had to take into account the resources available in our forest, and the weather in our location. The three groups worked tirelessly all day, even begging me to go down with them at recess and lunch to continue building. My heart was filled to the brim to see the teamwork of all the children in Class Three. The three leaders were very impressive, I overheard one of them telling a team member to take a 5 minute rest because they’d been working so hard.

This week we are beginning our Money Main Lesson. Class Three will hear stories of gifting, trade and bartering and their advantages and limitations and the historical development of a means for exchange (money as we know it). We can also look forward to learning to count money, and setting up our own stall.

Tinye has lost a silver necklace that is very special to her. It has a circle pendant with a picture of a Saint on it. Please let us know if you have any idea of its whereabouts.

Warm wishes,

Chryystal
News from Class 3...
News from Class 4/5

Class 4/5 has been very busy. We have learned many things about decimals, all of which have helped Troy begin the foundations of his forest cabin. The only question that remains is whether this private sanctuary will remain a secret or has he already been discovered?

On the 24th of October our Class 5 students travelled to Perth to compete in the Greek Olympics. We had so much fun! The road trip was great with special thanks to Brett and Anna for helping with transportation. From the moment we arrived at Perth Waldorf School we felt instantly at home in another Steiner environment. We had a tour of the school and then headed out to Fremantle for some food and culture.

After a good night’s sleep in their library, we woke early to begin the Olympics! Our training paid off and the students did really well. We were divided into four competing city states for events like Javelin, Long Jump, Relays and a Marathon. All WA Steiner schools were represented and it was so wonderful to see how friendly and supportive all the students were, clapping and cheering for their fellow citizens. There were lots of noteworthy individual achievements on the day but special mention must go to Chenoa and Jasmine who were both recognised with a medal for embodiment of the Greek Olympic Spirit.

For now we leave decimals behind, ready to pick it up again next year. We have begun practising for our play “The Emerald of Wonders” and studying ancient Egypt. May Horus shine upon us!

Alex
**News from Class 4/5...**

Also, now that the Scotsdale Brook is almost down to a trickle, it is safe for the students to go plunking. Plunking is a safe and fun adventure sport where you walk up shallow streams. There are some basic equipment needs (footwear, towels) etc. The students have been informed of what they are required to bring.

On Fridays, while some students are woodworking, the other students will be heading to the stream. I am asking for a parent volunteer to join us from 1:30 - 2:30. If you are available or interested, please let me know.

**News from Class 6/7**

Hi Everyone,

Class 6/7 is having a break from weekly maths homework until after the play. In Class Maths lesson this term, we have been working on problem solving, fractions and on sharpening our mental maths skills.

It has been quite a challenge to try and set a date for our performance of 'The Alchemist' that works for everyone. I have settled on performances for Wednesday 12th November at 5pm and Thursday 13th November at 1pm. Please see the attached flyer, featuring artwork by the talented Maia Jackson. Please note that the play will be performed during swimming week, however as the children will arrive back from the pool at around midday, this shouldn't negatively impact too much on our performance.

However, as time is quite tight for the Thursday production, children will have very little time to eat lunch after arriving back from swimming. I think it would be lovely if parents could do a few plates of food for the children to share in the backstage area to nibble on while they are getting ready for their performance. This could serve as both a 'pick-me-up' after swimming and would also be a nice little reward for the children after all their hard work. Perhaps this could be organised and coordinated by parents through email? (Please be aware the Karen, Ilan and Sophia do not have regular email access).

Please let me know if you or your child is struggling to organise an appropriate costume for the play. **The deadline for costumes to be ready is Monday 10th November - could all children please come to school with their costumes / accessories on this day.** Thanks to parents for their support in this area.

Swimming week will run in week 5, between Monday 10th November and Friday 14th November. However, it would appear that many of the Class 6/7 students will not be participating in swimming lessons this year, and at least two teachers will be staying behind at school to run classes for these children.

Hope you all have a great week!

Regards
Eliza Allan
Wednesday 12th November 5pm

Thursday 13th November 1pm

Golden Hill Steiner School

Class 6/7 presents....

A play based on the novel by Paulo Coelho

The Alchemist

Both Performances Held In GHSS School Hall
From The Office

There have been changes as to when parents need to contact the office due to government regulations changing recently. To clarify when the office should be contacted please see below.

**CHANGES via PHONE or EMAIL:**

- When your child is absent from school for whatever reason please phone (leave a message) OR send an email to office@goldenhill.wa.edu.au
- This DOES NOT have to be in writing but we DO need contact from you.
- We would rather not bother you with this but we have to comply with government procedures in this area and the bureaucrats check each and every entry. We are still connected and subject to government regulations.
- At the office this information has to be recorded in hard copy format AND onto the data base on the school computer which is very time consuming.
- It also takes a lot of time to contact everyone who hasn’t called or emailed when a child is absent.
- Please make it a habit to contact us when your child is absent - every time.
- This will help our office run efficiently and give more time for assisting your school to run creatively and smoothly.

**CHANGES that MUST be in WRITING**

When a change is made to anything that affects your child’s enrolment:

- Changes to the days / times your child will attend kindy.
- Change of address
- Withdrawing your child for home schooling or to attend another school.
- Any of these changes need to be IN WRITING either through email or a written letter.

**GOING HOME - CHANGES TO ARRANGEMENTS**

Please let your child know that there will be NO changes to the usual way they get home on any day and especially on Market day UNLESS there is either a phone call or email from a parent confirming this before 2pm. There is confusion around this and children missing buses etc.

**AVOCADOES**

Mariners Rest avocado seconds are now available at the office until the end of the school year. Please make a small donation. All proceeds go to the school.

Enjoy!
Swimming week is next week. We are booked to attend the Albany Aquatic Centre for the week starting 10th November. We do not expect kindergarten students to attend. The students will leave from school at 9:30am and will leave the pool at 12:10 to return to Denmark. If you need to discuss anything about the week, please ask your child’s class teacher or Robert.

School Council Seeking Volunteers

If you would like to become more involved and learn how your school operates, Council is looking for help. This can be as a Council Member or if your desire is for a smaller commitment there are other Council tasks that we need help with. Please contact the Office to register your interest. All help greatly appreciated.

Thank you
Your School Council

Confidence is one of the golden words that must govern social life in the future. The other golden word is love, love of that which we have to do. And in the future, good deeds will be done out of love for humanity.

Rudolf Steiner

Rocks Needed

Wanted
Does anyone have a granite rock or two with flatish sides suitable for attaching memorial plaques, that they would be willing to donate to the school? The flat sides would need to be large enough to fit the plaques (approx 16x11 cm). One of the plaques is for the Illawarra Flame tree that has been planted at the front of the school in Rebecca Well’s memory, the other for the rose that is planted in Diane Martin’s (former kindergarten assistant) memory, in Karri kindergarten. The plaques have been ready for a while, now we just need some suitable rocks to mount them on.

Study Group

Are you keen to know more about Steiner education? I have started a book study group for those people interested in learning more. The book we are studying and discussing is “Foundations of Human Experience” by Rudolf Steiner. This book, formerly called “The Study of Man,” has the basis of Steiner’s ideas behind the education as is studied by teachers when training to work in Waldorf schools. We meet on Tuesdays at 3.10 pm in the staff room next door to class one for an hour. If you would like to join in, please contact Mary Lou on 98482989 or shilou@me.com.

Hope to see you there.
Mary-Lou
Parent Involvement

I hope this finds you and your family well!

If you are a new family at school and unfamiliar with our Parent Involvement Program, please let me know and I’m more than happy to explain how it works and what it involves.

All the time contributions from the office have been entered so the Parent Involvement system at school is up to date until the end of term three.

Have you got any time sheets at home? Please bring them in or send them to me as soon as possible – thank you :O)

It looks like some families haven’t reached their minimum hours yet and I thought it might be helpful:
- to let you know via email what has been recorded
- to keep an updated list of helping ideas in the newsletter and in the office
- you can also ask your child’s teacher if they would like some help

If you have any questions or feedback, please let me know!

I hope you have had the chance to connect with likeminded families and enjoy being part of our school community!

Thanks so much and warm regards,
Annett Forman (Ethan’s and Teo’s Mum
Parent Involvement Coordinator
atomnett@westnet.com.au

Extract from the Parent Involvement Booklet:
The PI Coordinator together with P&F and COT are trying their best to spread the available hours evenly over the whole year’s events so parents don’t get asked too much or get burned out! So in general it would be great to receive all volunteered hours for a true picture of what has been done.
PLEASE CHECK PERIODICALLY to make sure that none of your family hours have been overlooked. It is YOUR responsibility to ensure that your hours are recorded. The PI Coordinator will record the time helped via the computer system at school and the school bursar, Maggie Wake, will use this information at the end of the year to send out an invoice if the compulsory hours have not been reached.

Karen and Ilan will have some organic beef for sale soon. If you’d like some before X-mas, now is the time to order.

Please call Ilan on: 0421 784 187
## Parent Involvement ...

<table>
<thead>
<tr>
<th>Location</th>
<th>Description</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Office</strong></td>
<td>Help with getting Newsletter ready to give out</td>
<td>Fortnightly Wed</td>
<td>1.30 – 2.30 pm</td>
</tr>
<tr>
<td><strong>Biodynamic - Gardening</strong></td>
<td>Please contact Neal: Phone: 9848 1942 Email: <a href="mailto:nealcollins@westnet.com.au">nealcollins@westnet.com.au</a></td>
<td>Mon – Cl. 6/7</td>
<td>11:15 – 12:00</td>
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<td></td>
<td>Everybody welcome</td>
<td>Mon – Cl. 3</td>
<td>12:00 – 12:45</td>
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<td>Everybody welcome</td>
<td>Mon – Cl. 4/5</td>
<td>01:30 – 02:30</td>
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<td></td>
<td>Everybody welcome</td>
<td>Tue – Cl. 4/5</td>
<td>11:15 – 12:00</td>
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<td></td>
<td>Everybody welcome</td>
<td>Tue – Cl. 6/7</td>
<td>12:00 – 12:45</td>
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<td></td>
<td>Everybody welcome</td>
<td>Tue – Cl. 2</td>
<td>01:30 – 02:30</td>
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<td></td>
<td>Everybody welcome</td>
<td>Wed – Cl. 2</td>
<td>11:15 – 12:00</td>
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<td></td>
<td>Everybody welcome</td>
<td>Wed – Cl. 1</td>
<td>12:00 – 12:45</td>
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<tr>
<td></td>
<td>Everybody welcome</td>
<td>Wed – Cl. 3</td>
<td>01:30 – 02:30</td>
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<tr>
<td><strong>Woodwork</strong></td>
<td>Please contact Justin: Everybody welcome</td>
<td>Fri – Cl. 6/7</td>
<td>11:15 – 12:45</td>
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<td></td>
<td>Phone: 0419 020 176</td>
<td>Fri – Cl. 4/5</td>
<td>1:30 – 2:30</td>
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<td>Email: <a href="mailto:brumbysrun@equinediscovery.com.au">brumbysrun@equinediscovery.com.au</a></td>
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<tr>
<td><strong>P&amp;F Meeting</strong></td>
<td>Meet fortnightlyly in Playgroup Building</td>
<td></td>
<td>1 – 2.40 pm</td>
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<tr>
<td></td>
<td>Be part of organising school events</td>
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<td></td>
<td>Contact Miranda 0447 820 468</td>
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<tr>
<td><strong>School Rep</strong></td>
<td>Idea in progress - parents can run a school promotion</td>
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<td></td>
<td>stall at the Friday Kwoorabup markets</td>
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<tr>
<td><strong>School Market</strong></td>
<td>2 parents to set up &amp; run the afternoon tea stall at the market every fortnight</td>
<td>SIMONE 98481942 EMMA 0458690105 BELINDA 0420485656.</td>
<td></td>
</tr>
<tr>
<td><strong>Busy Bee</strong></td>
<td>Garden-work, pressure cleaning + sausage sizzle</td>
<td>29/11/14</td>
<td>8.30 – 12.30</td>
</tr>
<tr>
<td><strong>K5/6</strong></td>
<td>sew calico bags, hem muslin pieces, make puppets</td>
<td></td>
<td>ask Denise for more details :O)</td>
</tr>
</tbody>
</table>
BUSY BEE with Sausage Sizzle
Saturday 29th of November  8.30 – 12.30 noon

RSVP:  Richard (0415 481 786) or Annett (0458 069 049 / atomnett@westnet.com.au)

Many Hands Make Light Work

Aims:
- Weeding areas: any garden area i.e. around hall, roundabout, kindy, playgroup
- Remove Agapanthus (pictured) near class 2
- Remove Watsonia (pictured) on road verge (careful of cars)
- Pressure clean deck class 2 & 3
- Pressure clean kindy walkway and stream
- Get ready for fire season: dead timber clean up i.e. back of kindy

Can you bring the following items?
- Wheel Barrows
- Shovels
- Rakes
- Pressure cleaner
- Small BBQ

Please let Richard or Annett know if you can make it to the Busy Bee and what you can bring so we can plan the few hours as productive as possible and know how many sausages to get.

Please note: If you have any special dietary needs feel free to bring something for the BBQ

Some of the aims can also be done when it suits you best in case you can’t make it to the Busy Bee. So best is to let Richard know what you would like to do and he can send you in the right direction.

What are Busy Bee Days?
Busy Bees provide an opportunity for families to work together to maintain and repair the school grounds.

Busy Bees are scheduled on Saturdays

Families are asked to attend a minimum of 2 Busy Bees per year
It is essential that all families make every possible effort to attend
It is possible to make arrangements to undertake tasks at a time suitable for you if you cannot attend scheduled Busy Bees.

Busy Bees are invaluable economically
They reduce our costs of maintenance and repair
They free up our financial resources for elsewhere

Busy Bees are invaluable socially
They provide a practical expression of commitment to nurturing the school
They strengthen our social fabric by working together
They are another opportunity to meet parents beyond your child’s class
WANTED
TWO MANAGERS FOR GOLDEN HILL KWOORABUP MARKET
AFTERNOON TEA STALL.
We are seeking two people to set up and run the afternoon tea stall every fortnight.
This position fulfils an entire year’s PI hours.
It is a fun, social position and Emma and Belinda will stay on board for the rest of the year to help the new managers settle in.
Please call either SIMONE 98481942 EMMA 0458690105 BELINDA 0420485656.
Please remember sunhats & covered shoulders this term.

Intensive training in

**BOTHMER GYMNASTICS**

*Movement to develop the whole human being.*

This course is jointly organized by West Coast Steiner School and Perth Waldorf School. It will be conducted under the experienced guidance of Dan Freeman for people of all levels of familiarity with Bothmer Gymnastics.

**Dates:** **Saturday 11 April to Thursday 16 April 2015**  
Suggested arrival time Friday (10/4/15), for a group dinner, and an early start Saturday morning!

**Venue:** Perth Waldorf School  
14 Gwilliam Drive, Bibra Lake

**Course Cost:**  
$300 or  
$285 (early bird) by Friday, 21 November 2014

**Payment and registration to:**  
West Coast Steiner School  
BSB: 633000  
Account number: 1327 17737  
Phone: +61 8 9440 1771  
Fax: +61 8 9207 1532  
Email: Agnes de Souza (agsdesouza@gmail.com)

**Accommodation** is available in the classrooms of the Perth Waldorf School. Please bring your own sleeping bag and mattress. We will have the use of the school amenities and kitchen facilities for the duration of the course. The cost is $10 per person per night.

For further information, please contact Agnes de Souza:
Hello Friends and Supporters

...just a friendly reminder to check out our November workshops and learning opportunities.

Register Your Interest.

Most workshops will only commence if minimum registration number is achieved and are capped for maximum attendance.
Call (08) 9848 3310 or email denmark@greenskills.org.au  www.greenskills.org.au
The school has been visited by a representative from Anglicare. Information about the following offer can be viewed in the school office.

Would $500 assist you with school costs?

Saver Plus can match your savings, dollar for dollar, up to $500 for education expenses including:
- stationery and text books
- school uniforms, excursions and camps
- laptops and notebooks
- sports equipment, uniforms and lessons
- music tuition and instrument hire

To be eligible, participants must:
- have a Health Care Card or Pensioner Concession Card
- have a child at school or starting next year
- have some regular form of income from work (you or your partner) such as full-time, part-time, casual or seasonal work

CLOSING DATE FOR APPLICATIONS 18 DEC 2014

For more information contact:
08 9845 6617
saverplusalbany@anglicarewa.org.au

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered Albany by Anglicare WA. Saver Plus is fund-by ANZ and the Australian Government.

Holistic Birth

Hypnobirthing Australia™

Holistic Birth offers a 12 hr comprehensive childbirth education program led by a Registered Midwife; designed to embrace the power of positive birth.

Create a calm gentle environment for your baby’s arrival regardless of your birth method. Whether your baby’s birth is vaginal or caesarean Hypnobirth can be applied.

Hypnobirth releases the fear associated with childbirth and previous traumatic births. Maximise your body’s natural ability to prevent and block the release of pain causing stress hormones but encourage the release of good hormones called endorphins; which are proven to be 10-30 times more effective than morphine.

Elisha Spalding, Registered Nurse/Midwife, Certified Hypnobirth Practitioner, Childbirth Educator

040 228 0306

Parents’ Singing Group

THIS Term on Tuesdays 9am-10am

This is a lovely, heart-warming way to start the week. We are a fun and supportive group. No experience necessary, just bring your voice.

Dr Philip Bailey MBbs

GP, Homeopathy, Counselling

66 South Coast Highway Denmark

www.drphilipbailey.com  Phone 0478 77 44 26