The year is drawing to a close. The mornings are much lighter, the first Christmas decorations are for sale in the shops and I have written the first reminder to the teachers that reports are just around the corner. It is also the time for reflection on the year and particularly on the progress of our children.

This is a simple process at many schools where academic progress is the most important yardstick and other indicators a distant second. At Steiner schools the objectives of education are more complex. This is because, and I’m sure you have heard the sound bite before; our children are being “educated towards freedom”. One important part of our education is deliberately looking for how children leave behind ways of viewing the world as well as gaining new abilities. That is why we have a “stepping stones” ceremony for children leaving kindergarten; it is primarily a symbolic letting go of the past ways of interacting with education that has deep meaning for the students.

It is also why we put so much emphasis on observing “developmental stages”. As human beings, we need to pass through a whole series of ways of viewing the world on the journey to adulthood. This allows us to absorb the lessons life is teaching us – and move on. As parents we need to trust that this natural process has a real purpose and this will be a discussion topic for another day. Put briefly, it requires us to acknowledge that there is a world of difference between “acting childishly” and being open and positive to life – “becoming like little children”. The developmental stages picture does give meaning to our reflection on our children’s non-academic progress through the year; his or her “growing up”. Questions like “What things that my child loved / hated up until now has she / he been able to let go over the year?” are just as important as “Can he / she spell Equation / multiply 7 x 9 / write a persuasive
I fathom my true being
in you."

“As I liberate myself
from the chains
of my own subjectivity,
I fathom my true being
in you.”

Robert Gillman

News from Silver Birch Kindergarten

Once there was a caterpillar wriggledydee jiggledy dee
Who sat upon a mulberry tree
He munched and he crunched for breakfast and lunch
At the end of the day
I heard him say
I’ll have some more for tea.

Welcome all to term. We have new families, a new swing and we’ve discovered ‘roly poly-ness’. Hats and T-shirts this term while shoes are necessary as bees are about. Kindly dress your child in plain colours as much as possible. T-shirts need to have patterns rather than logos. We want to welcome your child rather than read commercial branding.

Regards, Christine and Sophia

News from Karri Kindergarten

“Now at last, winter’s past
Hear the Springtime calling
Welcome sunshine, welcome showers
Welcome all the springtime flowers”

We’ve had a terrific first week back, the rooster, “Sirius” is settling into life at school and Lightning is laying us an egg a day for our pikelets. There are some PIP jobs waiting for anyone who would like to devote some hours to help us with sewing or gardening. We would love a new set of calico bags ready for next year, plus some muslin hemmed for cloths. There are also some gardening jobs you could help with.

Have a great term everyone!

Denise

To the universe there speaks
the evolving human ego---
forgetting itself---
aware of its original state:

“Calendar of the Soul—Week 3

essay?” Please ask the teachers if you want a clearer picture of what developments are expected for your child over the year.

Once you have done this reflection process, the school would really appreciate your feedback. We are preparing a set of questions to ask all the parents and will be using these to improve our practise. I have to admit that one reason we are formally asking this is because there is registration next year and it is one of the criteria that will be checked by the inspection staff – but it is also a valuable opportunity for starting a conversation.

Robert Gillman
Hello Everyone,

Class One has started term 4 with our morning circle taking place in the forest. We are following the journey of Little Eagle Feather as he carefully balances over fallen trees and crawls between the highest mountains until he eventually brings fire back to his tribe. The children have also been acting out, drawing and retelling Native American tales including ‘The Legend of the First Flute’. In this legend the young warrior learns to play the flute by looking at the trees and birds around him. This main lesson will finish with an excursion to the Giant Tingles were we will play our flutes inside a huge tree. The excursion will take the whole day and is planned for Friday 7th of November. We have also made a traditional ring toss game by sawing and threading bamboo. It takes quite a bit of skill to play.

During this main lesson the children will write four legends into the second book they are creating. This book will include a table of contents and page numbers and will consolidate their writing skills. The children are quite confident when writing with both upper and lower case letters.

There is a wonderful website that has a lot of information about what is happening in Waldorf around the world with many interesting articles and a free weekly newsletter. Check out www.waldroftoday.com if you are interested.

Cheers,
Karen

News from Class 2

Welcome back from the holidays! Lovely to see you all again.

We have eased our way into the term by enjoying the beautiful afternoon spring weather down by the creek. So much the children even want to swim in it!

Class Two has begun their King of Ireland’s Son English Main Lesson. A very thick Irish tale we aim to finish reading in our spare time by the end of the term!

Any parents who’d like to help with craft this term (any day except Tuesday), please let me know ASAP! We are hoping to do some felting soon and would love some help.

Warm regards

Sonja

The King of Ireland’s Son blackboard drawing.
News from Class 3

Kia Ora friends and families,

Welcome back, I hope you all enjoyed your Spring holidays.

Class Three had the first week of their Building Main Lesson before the break, where they heard stories of houses from different countries around the globe. They were then given a project over the holidays to build a house from any country in the world. I was astounded to see their creations at school on Monday! So much time and effort went into their works of art, and I couldn't be prouder! This week we explored all the different people who may be needed to build certain houses such as a carpenter, glazier, plumber, electrician and a tiler. This week we look forward to designing our dream homes.

An excerpt from the Steiner curriculum linking community to building

There is a balance between self-reliance and community. The children will feel capable of building a home yet they also experience that in order to live every living thing needs other living things. Human life is lived in community and ideally the skills of each person are given to that community and each person also in turn receives the contribution of each other member. Observing the homes in the different places around the world gives a cultural connection and understanding. (Steiner Education Australia (SEA) curriculum)

Arohanui, Chrystal
News from Class 3...
News from Class 4/5

No wasting time in Class 4/5. Term four has begun and so has our learning!

We start off with a Main Lesson titled 'Decimals: How to build a Cabin'. We follow the story of Troy who dreams of restoring a ruined Cabin in the woods to honour its original creator, his Grandpa. Will he be able create his very own private sanctuary or will the complex mathematics involved in the building process prove too difficult?

In other news, our Class 5 students are heading to Perth Waldorf School to compete in the annual Greek Olympics! It is tradition for all Steiner Schools to compete in this day and bring glory to Zeus and the other Greek Gods. Following on from the work Tom did with the class last term, we have been busy building up our fitness ready for relays and the marathon, as well as honing our skills in discus and javelin.

Olympia!
Alex

News from Class 6/7

Well the year is flying by as usual as we are now two weeks into our final term. The weeks ahead will no doubt bring some finality as to whether or not there will be a 'next year' for Class 6/7 at GHSS, and I know that everyone (including me) is sitting on the edge of their seat, waiting with bated breath on the final outcome.

We are almost two weeks into our play practice (which is our main lesson at the moment) and the children are doing well. We have been coming up with extra ideas for scenes and puns and are having lots of fun with it! Hopefully last week, your child will have spoken to you about his/ her costume. We have quite a big supply of costumes in the storeroom but some items may need to be made/ brought from home. I have made it the children's responsibility to organise their costumes and communicate their needs to parents. The dates for the play have been set for Wednesday 12th and Thursday 13th November. Posters will be placed around the school in a fortnight or so.

On another note, thankyou to all those parents who sent in photos of their 12 year old selves. The photos will be handed back this week and be sent home with your child. Copies of these as well as the letters you all wrote will be included as part of our main lesson 'yearbook' which we will be binding at the end of the year, rather than done as a separate booklet as was originally planned.

Friday lunch-order cooking sessions have been wonderful (although also totally stressful and exhausting, as those of you who have seen me looking haggard on a Friday afternoon would know!) The children are gaining many valuable food prep skills and have becoming incredible at working as a team under pressure in the kitchen. Last Friday, 8 of us managed to churn out a whopping 45 lunches for students from kindy up to Class 7 (even a few parents ordered lunch, which was exciting- thanks Simone!) with great success. It is a project I would like to continue with the children for at least the rest of the year.

Regards

Eliza
From The Office

Welcome to Term 4. There have been changes as to when parents need to contact the office due to government regulations changing recently. To clarify when the office should be contacted please see below.

**Changes via Phone or Email:**
- When your child is absent from school for whatever reason please phone (leave a message) OR send an email to office@goldenhill.wa.edu.au
- This DOES NOT have to be in writing but we DO need contact from you.
- We would rather not bother you with this but we have to comply with government procedures in this area and the bureaucrats check each and every entry. We are still connected and subject to government regulations.
- At the office this information has to be recorded in hard copy format AND onto the data base on the school computer which is very time consuming.
- It also takes a lot of time to contact everyone who hasn’t called or emailed when a child is absent.
- Please make it a habit to contact us when your child is absent, every time they are.
- This will help our office run efficiently and give more time for assisting your school to run creatively and smoothly.

**Changes that MUST be in Writing**
When a change is made to anything that affects your child’s enrolment:
- Changes to the days / times your child will attend kindy.
- Change of address
- Withdrawing your child for home schooling or to attend another school.
- Any of these changes needs to be IN WRITING either through email or a written letter.

**Going Home - Changes to Arrangements**
Please let your child know that there will be NO changes to the usual way they get home on any day and especially on Market day UNLESS there is either a phone call or email from a parent confirming this before 2pm. There is confusion around this and children missing buses etc.

**Bus**
We are currently updating our list of which children catch the bus home. Please let us know via email or phone the name of your child (surname as well) and their class if they currently catch the bus home. You can leave a phone message with this information too.
Swimming week is coming up. We are booked to attend the Albany Aquatic Centre for the week starting 10th November. We do not expect kindergarten students to attend. The students will leave from school at 9:00am and return at lunchtime and have a double lesson each day. If you need another permission slip please let the office know. This form and the fee needs to be returned by the 29th of October. The fee is $67.50 / child.

If you need to discuss anything about the week, please ask your child’s class teacher or Robert.

School Council Seeking Volunteers

If you would like to become more involved and learn how your school operates Council is looking for help. This can be as a Council Member or if your desire is for a smaller commitment there are other Council tasks that we need help with. Please contact the Office to register your interest. All help greatly appreciated.

Thankyou
Your School Council

Confidence is one of the golden words that must govern social life in the future. The other golden word is love, love of that which we have to do. And in the future, good deeds will be done out of love for humanity.

Rudolf Steiner

From Mary Lou

Are you keen to know more about Steiner education? I wish to start a book study group for those people interested in learning more. The book we will be studying and discussing is Foundations of Human Experience by Rudolf Steiner. This book formerly The Study of Man has the basis of Steiner’s ideas behind the education as is studied by teachers when training to work in Waldorf schools. The initial get-together will be held on Tuesday 28 October at 3.10 pm in the Staff room next door to class one. If you would like to join in please RSVP to Mary Lou 98482989 or shilou@me.com by Monday 27/10 hope to see you there.

Mary Lou
Colour blindness and Scoliosis

Colour blindness means that a person cannot distinguish some colours or see the colours differently to other people. Very few people who are colour blind are ‘blind’ to all colours. Commonly, the colours seen differently are greens, yellows, oranges and reds.


If you have any concerns, colour vision testing can be performed by some general practitioners, eye specialists or optometrists.

Scoliosis is an abnormal sideways curvature of the spine. It can be detected by a simple examination of the back.

The normal spine has three curves – one in the neck, one in the upper back and one in the lower back. These curves can be seen from the side, but when you look from behind the spine should appear straight. If the spine has a sideways curve, this is scoliosis.

An information leaflet about Scoliosis and colour blindness will be distributed to all year 6 students in the coming weeks. Please read through the information provided and check your child for scoliosis as described in the leaflet.

If you have any concerns, please contact your General Practitioner or Community Health Nurse, Paula Stretton on 0427 922 663.

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### From Parent Involvement

**PIP ideas / opportunities updated 20.10.2014**

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<tr>
<th>Location</th>
<th>Description</th>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td><strong>Office</strong></td>
<td>Help with getting Newsletter ready to give out</td>
<td>Fortnightly Wed</td>
<td>1.30 – 2.30 pm</td>
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<tr>
<td><strong>Biodynamic - Gardening</strong></td>
<td>Please contact Neal: Phone: 9848 1942 Email: <a href="mailto:nealcollins@westnet.com.au">nealcollins@westnet.com.au</a></td>
<td>Mon – Cl. 6/7</td>
<td>11:15 – 12:00</td>
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<td><em>Everybody welcome</em></td>
<td>Mon – Cl. 3</td>
<td>12:00 – 12:45</td>
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<td>Wed – Cl. 3</td>
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<td><strong>Woodwork</strong></td>
<td>Please contact Justin: <em>Everybody welcome</em></td>
<td>Fri – Cl. 6/7</td>
<td>11:15 – 12:45</td>
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<td>Phone: 0419 020 176 Email: <a href="mailto:brumbysrun@equinediscovery.com.au">brumbysrun@equinediscovery.com.au</a></td>
<td>Fri – Cl. 4/5</td>
<td>1:30 – 2:30</td>
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<td><strong>P&amp;F Meeting</strong></td>
<td>Meet fortnightly in Playgroup Building Be part of organising school events Contact Miranda 0447 820 468</td>
<td>No experience necessary</td>
<td>All parents are welcome</td>
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<td>1 – 2.40 pm</td>
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<td><strong>School Rep</strong></td>
<td>Idea in progress - parents can run a school promotion stall at the Friday Kwoorabup markets</td>
<td>Saturday 29th November</td>
<td>8.30-12.30</td>
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**Busy Bee**
Kwoorabup Market News

We have 5 markets this term- 5 opportunities to immerse yourself in local food, gardening, craft, music and friends.

Heather and Malcolm Trail from Summerhouse Supplies will be joining us for the season with their jams and preserves. Regulars at the Albany Growers Market, and former owners of Emily’s kitchen in Young Siding, they are serious local foodies. I am already thinking about their onion jam on a Shipley beef burger.

New season veg includes sugar snap, snow and podded peas, broad beans, asparagus, and courgettes. These are backed up with staples of norland and white star potatoes, butternut pumpkin and spaghetti squash. Next market heralds the beginning of the strawberry season. We will have spray free strawberries in 500g cardboard trays, very fresh and at grower direct prices.

Xchemaya Rose, our new learning support teacher, has been a market regular with her delicious and healing herbal teas, and bush flower remedies. She provides a wonderful opportunity through mini consults to learn about the benefits of the energy medicine of our bush heritage.

Sudasi has expanded her range of local seeds and seedlings. For those inspired by Spring to get out into the garden and grow your own, locally adapted and tried and tested plant varieties will give you greater chances of success.

Cressida, Mandy and Tracey are keeping us healthy with their bio-activated drinks, wholefoods and ferments. Mandy’s Wellness Kitchen range continues to expand- with bottles of fruit flavoured water kefir appearing last week. Next market Becky will be joining with a range of raw food cheesecakes and snacks.

Also at our next market, Chris and Katie Brown will have produce from their Perth garden, as well as their property down here. This time last year they had paw paws and bananas and avocados! I look forward to seeing what they’ll bring.

We welcome back Lena who will be out on the oval with circus fun for all ages!

Don’t forget, all funds from the Golden Hill Gestures Stall now go directly to your children’s classes. Last term’s markets raised $590. With a little more involvement from parents this stall has the potential to raise double that amount. Many thanks to Belinda and Emma for consistently volunteering their time and energy, and filling in the shortfall when it looked like the children lining up at the stall would go wanting.

Many reasons to see you at the markets. Thanks, Simone Coleman

WANTED
TWO MANAGERS FOR GOLDEN HILL KWOORABUP MARKET
AFTERNOON TEA STALL.
We are seeking two people to set up and run the afternoon tea stall every fortnight.
This position fulfils an entire years PPI hours.
It is a fun, social position and
Emma and Belinda will stay on board for the rest of the year to help the new managers settle in.

Please call either
SIMONE 98481942
EMMA 0458690105
BELINDA 0420485656.
Please remember sunhats & Covered Shoulders this term.

Intensive training in

**BOTHMER GYMNAS-TICS**

*Movement to develop the whole human being.*

This course is jointly organized by West Coast Steiner School and Perth Waldorf School.

It will be conducted under the experienced guidance of Dan Freeman for people of all levels of familiarity with Bothmer Gymnastics.

**Dates:** Saturday 11 April to Thursday 16 April 2015

Suggested arrival time Friday (10/4/15), for a group dinner, and an early start Saturday morning!

**Venue:**
Perth Waldorf School
14 Gwilliam Drive, Bibra Lake

**Course Cost:**
- $300
- $285 (early bird) by Friday, 21 November 2014

**Payment and registration to:**
West Coast Steiner School
BSB: 633000 Account number: 1327 17737
Phone: +61 8 9440 1771 Fax: +61 8 9207 1532
Email: Agnes de Souza (agsdesouza@gmail.com)

Accommodation is available in the classrooms of the Perth Waldorf School. Please bring your own sleeping bag and mattress. We will have the use of the school amenities and kitchen facilities for the duration of the course. The cost is $10 per person per night.

For further information, please contact Agnes de Souza:
Hello Friends and Supporters

... just a friendly reminder to check out our November workshops and learning opportunities.

Register Your Interest.

Most workshops will only commence if minimum registration number is achieved and are capped for maximum attendance. Call (08) 9848 3310 or email denmark@greenskills.org.au  www.greenskills.org.au
The school has been visited by a representative from Anglicare. Information about the following offer can be viewed in the school office.

**Would $500 assist you with school costs?**

Saver Plus can match your savings, dollar for dollar, up to $500 for education expenses including:

- stationery and text books
- school uniforms, excursions and camps
- laptops and notebooks
- sports equipment, uniforms and lessons
- music tuition and instrument hire

To be eligible, participants must:

- have a Health Care Card or Pensioner Concession Card
- have a child at school or starting next year
- have some regular form of income from work (you or your partner) such as full-time, part-time, casual or seasonal work

**CLOSING DATE FOR APPLICATIONS 18 DEC 2014**

**For more information contact:**

08 9845 6617
saverplusalbany@anglicarewa.org.au

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered by Anglicare WA. Saver Plus is funded by ANZ and the Australian Government.

**Free silky rooster**

**6 months old**

**white**

**child friendly**

Annett – 0458 069 049

**Parents’ Singing Group**

THIS Term on **Tuesdays 9am-10am**

This is a lovely, heart-warming way to start the week. We are a fun and supportive group. No experience necessary, just bring your voice.

**Dr Philip Bailey MbBs**

GP, Homeopathy, Counselling

66 South Coast Highway Denmark

www.drphilipbailey.com Phone 0478 77 44 26
## October 2014

### Term 4

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**Term 4 begins Oct 13th 2014**

- **1** Holidays
- **13** Term 4 Begins
- **14**  
- **15** Newsletter
- **23** Cl.4/5 Perth Waldorf-Grk Olympics
- **24** Cl.4/5 Greek Olympics
- **27** Playgroup visit to Silver Birch Kindy 10am – 11am
- **31** Markets